

# John Muir Health Cancer Institute

## Genetic Counseling and Testing Services

### Meet our Genetic Counseling Team



#### **Josh Barnhart, MS, CGC**

##### Genetic Counselor

Josh received his Bachelor's Degree from UC Davis and his Master's Degree in Genetic Counseling from Virginia Commonwealth University. He has been with the John Muir Health Genetic Counseling Program since 2020. His goal as a genetic counselor is to help patients learn about the complexities of hereditary cancer risk and provide them with support throughout their hereditary cancer journey.



#### **Shellie Campos, MSN, RN, FNP-BC, AGN-BC**

##### Nurse Practitioner

Shellie received her Master's Degree in Nursing and Nurse Practitioner training from Vanderbilt University in 1996. She is certified in Advanced Genetics Nursing. She has been with the John Muir Health Cancer Institute since 2010. Her role is to provide increased surveillance, nurse navigation, genetic services, and patient support in the High Risk Cancer Program.



#### **Melinda Chang, MS, CGC**

##### Genetic Counselor

Melinda earned her Bachelor's Degree from UC San Diego and her Master's Degree in Genetic Counseling from MGH Institute of Health Professions. She joined the John Muir Health Genetic Counseling Program in 2024. Her goal as a genetic counselor is to advocate for and support her patients while empowering them with information about hereditary cancer risk and genetics.



#### **Lincoln Johe, MS, CGC**

##### Genetic Counselor

Lincoln earned his Master's Degree in Genetic Counseling from Long Island University Post. He joined the John Muir Health Genetic Counseling Program in 2022. As a genetic counselor, his goal is to empower patients with education regarding genetics and hereditary cancer and to support them and their families in their decision making processes.



#### **Bernadette Tawasha, MA**

##### Office Assistant, Cancer Services

Bernadette is the Patient Coordinator Office Assistant for the John Muir Health Genetic Counseling Program. Her role is to facilitate the Genetic Counseling intake process, schedule appointments, and answer questions about our services.

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John Muir Health Cancer Institute

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Walnut Creek, CA 94598

(925) 941-4095

Referrals can be faxed to (925) 952-2758 or entered into EPIC

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## Genetic Counseling and Testing Services

### Our Genetic Counseling & Testing Program

**Knowing if your family has a genetic predisposition for certain types of cancer could save your life.**

Hereditary cancer is suspected when:

You have a blood relative who has tested positive for an inherited mutation.

You or any family member has had:

- Pancreatic, ovarian, fallopian tube, primary peritoneal or male breast cancer at any age
- Breast, colorectal or endometrial cancer at age 50 or younger
- "Triple-negative breast cancer" at age 60 or younger
- Prostate cancer at age 55 or younger or metastatic prostate cancer
- Colorectal or endometrial cancer with tumor testing that are suggestive of Lynch syndrome at any age
- More than 10 colon polyps
- Two separate cancer diagnoses
- Rare or young-onset cancers
- Tumor testing that shows a mutation in a gene associated with hereditary cancer
- Eastern European Jewish ancestry and breast, ovarian cancer at any age

During a genetic counseling session, our genetic counselor will:

- Review your personal and family medical history to assess and explain your risk for cancer
- Answer all of your questions about hereditary cancer
- Discuss the benefits and limitation of genetic testing to help you decide if testing is right for you
- Discuss insurance coverage, the cost of testing, legal protection and privacy issues
- Order the appropriate genetic test if you choose to proceed
- Interpret and explain what your genetic test results mean for you and your family
- Discuss recommendations for screening, prevention and other medical options
- Refer you to specialists

John Muir Health also participates regularly in academic research studies to identify genetic factors.